

RELAY RUNNER 1 / EXCHANGE 1

1st Runner starts in the Stadium with the Half Marathon.

1st Runner runs 3.4 miles

1st Runner finishes behind Avondale Elementary

1st Runner waits for VAN and returns to Finish Line

We have 1 VAN that will go back and forth from 6:00am to 7:30am



RELAY RUNNER 2 / EXCHANGE 1

2nd Runner takes VAN from Finish Area to Exchange 1

We have 1 VAN that will go back and forth from 6:00am to 7:30am

2nd Runner starts at Exchange 1

2nd Runner runs 6.6 miles

2nd Runner finishes at Exchange 2 in the Hall of Fame Village

2nd Runner walks down the hill to Finish Line area



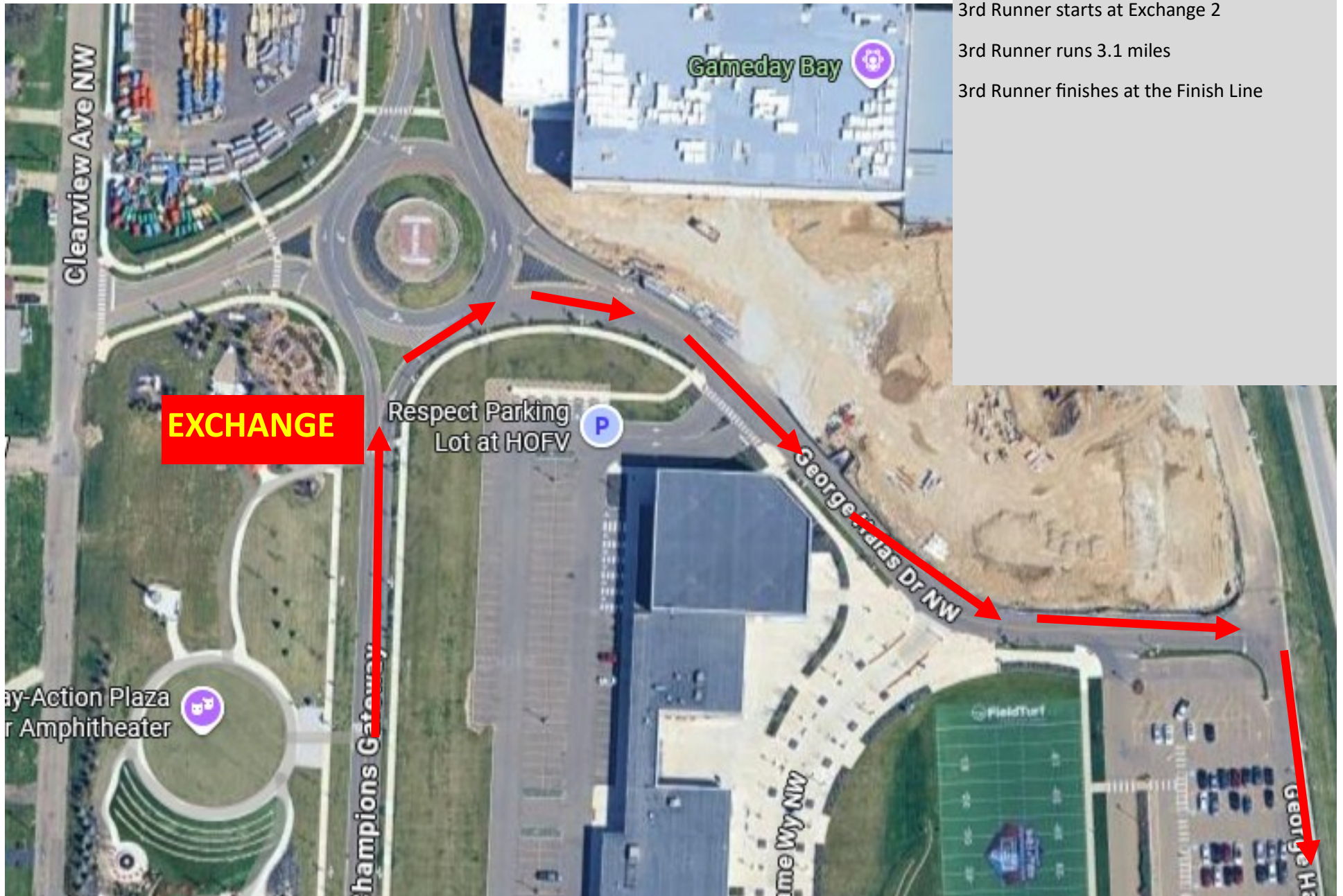
RELAY RUNNER 3 / EXCHANGE 2

3rd Runner walks to Exchange 2

3rd Runner starts at Exchange 2

3rd Runner runs 3.1 miles

3rd Runner finishes at the Finish Line





RELAY RUNNERS - VAN

A White Shuttle Van with the number 26 on the doors will run back and forth from the Stadium Park Parking Lot to Avondale Elementary School from 6:00am to 7:30am (or last relay runner).

The van holds 12. There are 47 teams.

Please allocate time to get to Exchange Zone 1.

Fast teams board first. Slower teams later.